

**Registration for Fall
Is OPEN!**

Registrations are accepted as follows:

In Person:
Monday - Friday, 8:30am - 5:00pm
Needham Youth & Family Services' Office
Lower level-Town Hall

By Mail:
Needham Youth & Family Services
1471 Highland Ave
Needham, MA 02492

www.needhamma.gov/youth
NeedhamYouth@Needhamma.gov
781.455.7500 x267



GENERAL INFORMATION

COUNSELING SERVICES

Confidential individual, group, and family counseling for youth is available from our trained and committed staff. We accept referrals from the schools, courts, and parents and can provide support and resources for the wide range of challenges that youth face including, friendship troubles, divorce, anxiety, depression, social skills, and much more. All counseling services are free of charge.

SUBSTANCE ABUSE AWARENESS PROGRAM:

An assessment, education, and intervention program, which takes an innovative approach to the topic of alcohol and drugs.

BEHAVIORAL INTERVENTION PROGRAM:

Includes assessment, skill-building, and education. Participants gain an appreciation of the dangers of bullying and learn the skills needed to make mature and responsible decisions in the future.

JOIN OUR EMAIL LIST

If you are interested in receiving periodic updates of Needham Youth & Family Services programs that may be of interest to you and/or your children, please visit our website at www.needhamma.gov/youth

PAYMENT

Most of our services are FREE of charge. If the program charges a fee, payment must accompany all registrations. Checks should be made payable to : "Town of Needham - Youth & Family Services".

FEE ASSISTANCE

Financial aid is available to all Needham residents and Needham students. A letter requesting assistance must be submitted to the Director of Needham Youth & Family Services at the time of registration.

COURSE CONFIRMATION

We will confirm registrations by phone, email, or mail. You will be notified if the program is full or cancelled and your payment will be refunded.

CANCELLATIONS

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds will not be given; however, we will do our best to reschedule.

REFUNDS

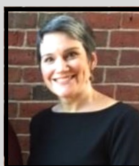
If you request to withdraw from a class with sufficient time to get a replacement, a refund may be issued. However, if the slot can not be filled, no refund will be issued. If you do not show up for a class, there is no refund. Refunds will be issued if Needham Youth & Family Services cancels a program and/or you registered for a program and there are no openings.

YOUTH & FAMILY SERVICES STAFF



Sara Shine, LICSW- Director

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Laura Lyke, BA -Clinical Intern

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Nora Woofenden, MT -BC Clinical Intern

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FALL PROGRAMS

FAMILY FUN MAKERS

Cost: \$25.00 per family per night

Ages: 5-10

Dates: October 10th – Building Challenge

November 14th – Colorful Canvas

December 12th – Time for Tools

Time: 5:30pm – 7:00 pm

Location: Power Hall – Needham Town Hall

Min 2 Families / Max 10 families



One night a month of creativity, collaboration, and wholesome “unplugged” family fun. Geared toward having families engage in positive communication to make a special project together where everyone is involved. This program is for those with a child in elementary school, but older and younger sibling participation is encouraged. Dinner is included.

WILDERNESS PROGRAM

Dates: 9/25 (Early Release)

Date: 10/23 (Early Release)

Location: Kayaking

Location: Hiking/Dedham

Cost: \$35.00

Cost: Free

Grades 6 – 8

Grades: 8-12

Min 6 / Max 10

Min 6 / Max 10



Aimed at helping youth battle depression, anxiety and social issues by re-engaging in a healthy lifestyle. This program will integrate therapeutic outdoor activities, team building and guided social engagement in order to promote change and personal growth.



WEARING CONFIDENCE GIRLS GROUP

Free

Ages: Girls in 7th & 8th Grade

Dates: Wednesdays (6 Weeks)

Oct 16, 30 & Nov 13th - group activity

Oct 23, Nov 6 & 20th - exercise class

Time: 3:00pm – 4:00pm

Location: Needham Town Hall

Min 4 / Max 12



The most important thing a girl wears is her confidence! Come join our fast paced, energetic, and fun girl's group where we will enjoy a combination of creative activities and try out different types of physical exercise geared toward building positivity about yourself. Boost your confidence and redefine what it means to be beautiful while connecting with others who truly get why it can be hard to be a girl. Make a new friend, learn a new exercise, show your artistic spirit, and be reminded of how awesome you are!



Bridging the GAP

Generations At Play

BRIDGING THE GAP: GENERATIONS AT PLAY

INTERGENERATIONAL PROGRAMS



FREE

Grades: 6-8

Dates: 1st Monday of each month (October—June)

Time: 5:30 – 7:30PM

Location: Center at the Heights

*Applications Required (www.needhamma.gov/youth)

An evening of connecting with the members of the Senior Center. Join in on discussions, playing pool, card and board games with Dinner included! Proudly sponsored by: Beth Israel Lahey Health Beth Israel Deaconess Hospital Needham & Webster Bank

MENTAL HEALTH FIRST AID

Cost: Free

Ages: 18 & Up

Session 1: Mon, Oct 28 & Wed, Oct 30

3:30-7:30PM

Session 2: Wed, Dec 11 & 18

5:00 - 9:00PM

Location: Center at the Heights, 300 Hillside Ave.

Min 8/Max 15



8 hour training teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12—18) who may be developing a mental health or substance use problem and help connect them to appropriate care. *Must attend all 8 hours to receive certification.*

FALL/WINTER SCHOOL PARTNERSHIP PROGRAMS

Needham High School

- Teen Dating Violence Seminars

Pollard Middle School

- Picture Perfect: Workshop on gender roles & the media
- Sexual Harassment

High Rock

- Safe Surf Internet Program: workshop on friendship and cyber-bullying

Elementary Schools

- Social Skills Groups

SPECIAL EVENTS

Patrick & Patricia Forde Good Person Memorial Award

Request for Nominations of Adults Who Have Supported Youth and Families

Needham Youth & Services is now accepting nominations for the Patrick and Patricia Forde Good Person Memorial Award.

This award is designed to recognize a Needham adult who helps make the community a better place for youth and families through his/her volunteer work.

The award is recognition that through volunteerism and caring, each person in the community is able to enhance Needham.

Nominations will be accepted until November 29, 2019 and a nomination form and additional information can be found at www.needhamma.gov/youth/fordeaward.

For more information or to nominate a person, please contact Sara Shine at 781-455-7500 x265, email Sara at sshine@needhamma.gov

Come Visit us at these Fall events:



Harvest Fair: Sunday, October 6,
12:00-4:00PM, Town Common

Needham Back to School Nights



Engaging Minds: October 24,
6:30-8:00PM, Town Hall Powers Hall
Parent workshop on how to help youth of
all ages with executive functioning skills.

YEAR ROUND PROGRAMS

RAY of Hope Award

The RAY (Recognize A Youth) of Hope Award is a recognition of a youth who is giving back to the community and/or is a role model for their peers, Needham residents K-12.

To learn more and to nominate a youth for the RAY of Hope Award, contact:
Kristin Scoble, kscoble@needhamma.gov
Or call 781.455.7500 ext.267



@needhamyafs @NeedhamYouthServices @needham_youth

www.needhamma.gov/youth

EMPLOYMENT PROGRAM

The Employment Program assists young individuals in obtaining business and residential employment, as well as helping residents requiring help for around-the-house chores, babysitting, etc.

Youth ages 12 to 21 who want to work must register with us by completing a Job Registration Form and a Parent Permission Form. For those 18 years of age and under, a parent or legal guardian must co-sign these forms.

Registration forms for youth may be obtained at our office or on our website www.needhamma.gov/youth. There is no charge for a youth to sign up for our Employment Program.

The Employment Program does not screen any applicants or individuals. The Department simply acts as an information source.

For additional information please contact:
Kristin Scoble - kscoble@needhamma.gov